

Winter Power Outage Preparation Kit: Instructions and Supplies

Being prepared for a winter power outage is essential to stay safe and comfortable during potentially challenging conditions. Follow these simple steps to create a reliable winter power outage kit.

Instructions

- 1. Gather Supplies
 - Collect the items listed below and store them in a waterproof, easy-to-carry container like a plastic bin or duffel bag.
- 2. Store Safely
 - Keep the kit in a central, accessible location known to all family members.
- 3. Check Regularly
 - Inspect your kit every six months to replace expired items and ensure batteries and equipment are in working order.
- 4. Plan Ahead
 - Familiarize your household with the location of the kit and how to use its contents. Also, develop a communication plan for emergencies.

Supplies for a Winter Power Outage Kit

1. Warmth and Shelter

- Blankets or sleeping bags (thermal or emergency blankets are ideal)
- Hand warmers and foot warmers
- Extra layers of clothing, including socks, gloves, and hats

2. Lighting and Power

- Flashlights (one per person)
- LED lanterns
- Extra batteries (for all devices)
- Portable phone chargers (fully charged) or a solar-powered charger

3. Food and Water

- Non-perishable food (e.g., canned goods, granola bars, nuts)
- Manual can opener
- Bottled water (one gallon per person per day for at least three days)

4. Health and First Δid

- Basic first aid kit
- Prescription medications (at least a week's supply)
- Hand sanitizer and wipes

5. Communication

- Battery-powered or hand-crank radio (with NOAA weather alerts if possible)
- Whistle (for signaling help)
- Written list of emergency contact numbers

6. Tools and Supplies

- Multi-tool or Swiss army knife
- Duct tape
- Heavy-duty trash bags (for sanitation)
- Fire extinguisher (for safe indoor use if needed)

7. Personal Comfort and Safety

- Cash (small denominations)
- Paper maps of your area
- Activities (e.g., cards, books, or small games)
- Backup glasses or contact lenses

8. Vehicle Kit (if applicable)

- Ice scraper
- Jumper cables
- Sand or kitty litter (for traction)
- Small shovel

Additional Tips

- Stay informed: Monitor weather updates and emergency alerts.
- Protect plumbing: Let faucets drip to prevent pipes from freezing during prolonged outages.
- Plan for pets: Include pet food, water, and bedding in your kit.

With a well-prepared kit, you'll be better equipped to handle winter power outages safely and comfortably.